GROWTH AND HAEMATOLOGICAL CHANGES IN AFRICAN CATFISH 
CLARIAS GARIEPINUS JUVENILES EXPOSED TO MERCURIC CHLORIDE

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ABSTRACT
The aim of this study was to assess the effect of Mercuric chloride on the growth and haematological parameters in the freshwater catfish, Clarias gariepinus. A total of 30 fishes were used for each concentration as well as in the control. Clarias gariepinus was exposed to 0.02, 0.04, 0.06, 0.08 and 0.10mg/l of HgCl2 for 56 days. The treatment with mercuric chloride was found to inflict a drastic reduction in the total count of RBC’s. The reduction was time dependent; as concentration of mercuric chloride increased, the RBC levels declined. Exposed fishes showed a significant decrease in WBC count when compared to the control. The morphological indices MCV, MCH and MCHC fluctuate as the test concentration increased. The chronic exposure to sublethal concentration of mercuric chloride to the studied fish showed a significant decrease in final body weight in comparison to control group. Also, Growth parameters such as specific growth rate (SGR), food conversion efficiency (FCE), protein efficiency ratio (PER), food conversion rate (FCR) decreased with increased concentration of mercuric chloride. The mercuric chloride caused a significant decrease in the survival rate (P < 0.05). The study recommends timely fish fed since time was a strong dependent variable in all the treatment, so as increase concentration of mercuric chloride increased.

Keywords: Clarias gariepinus, Growth parameters, Haematological parameters, Mercuric chloride.

INTRODUCTION
Many metals are natural components of the freshwater environments. Some of them are beneficial or even necessary for life but many are toxic to aquatic life. The concentrations, at which the role of metals may be considered significant, vary; as some are essential at low concentration levels while others show toxicity at higher concentrations (Javed, 2004).

Heavy metal contamination usually causes depletion in food utilization in fish and such disturbance may result in reduced fish metabolic rate and hence cause reduction in their growth (Javed et al., 2008). Growth is a sensitive and reliable endpoint in chronic toxicological investigations (De Boeck et al., 1997).

Mercury is a black list element by environmentalist and is released into the environment by several sources ranging from mining, sewage disposal, research laboratories, agriculture, fungicides and industrial operation, electrical equipment, paints and disinfectants (Dieter et al., 1992 and Khangrot, 2003).

Mercury a hazardous metal that may cause adverse health effects including neurological, renal, respiratory, immunological, dermatological, reproductive, developmental sequels in wild life (Risher et al., 2005). The toxicity of mercuric chloride depends greatly on the forms of the mercury compound, elemental, inorganic and organic. Mercuric chloride was
chosen in this experiment because of its lower toxicity compared to the other forms. It is used in agriculture as fungicide, pesticides, tanning and wood preservation, in medicine as a tropical antiseptic, disinfectant, and it is used in electroplating and as intensifier in photography.

MATERIALS AND METHODS

Experimental Fish

Juveniles of *Clarias gariepinus* of a mean weight of 31.07±1.23g and mean length of 19.50 ± 0.50cm were obtained from Finite fish farm, Makurdi and acclimatized for 14 days in the fish hatchery Department of Fisheries and Aquaculture, University of Agriculture, Makurdi. The fish were feed twice daily at 0800 and 1600 hours at 5% of their body weight.

Experimental site

The study was carried out in the Laboratory of Fisheries Department in the University of Agriculture Makurdi, Benue State.

Experimental design

A completely randomized design was used for the experiment in triplicates. A total of 180 juveniles of *Clarias gariepinus* were randomly distributed into the plastic containers at a stocking rate of 10 fish. The 18 fish tanks were assigned to 5 treatments with (control inclusive).

Haematological analysis

Blood samples were taken by randomly selecting fish from the various treatments and injecting in a 2mm needle and syringe through the dorsal aorta puncture and placed in ethylene-diamine-tetra-acetic-acid (EDTA) treated bottles to prevent coagulation and analyzed at Tosema Specialist Diagnostic Laboratory in Makurdi. Haemoglobin (Hb), Red Blood Cell (RBC), White Blood Cell (WBC) was determined by Blaxhall and Daisley (1973) methods. Mean Corpuscular Haemoglobin Concentration (MCHC), Mean Corpuscular Haemoglobin (MCH) and Mean Corpuscular Volume (MCV) was determined by Svobodova *et al.* (2001). Platelets count was determined by Zinkl (1986).

Growth parameters evaluated

The weight of the test fish in treated and untreated (control) test media were recorded at the commencement and after 8 weeks of the sub-lethal test. Fish were weighed every week using--weighing balance, following growth parameters were computed.

\[
\text{Mean weight gain (MWG)} = \frac{\text{Mean final weight} - \text{mean initial weight}}{\text{Mean initial weight}} \quad \ldots(1)
\]

\[
\% \text{ Mean weight gain} = \frac{\text{mean Final weight} - \text{mean Initial weight}}{\text{Mean initial weight}} \times 100 \quad \ldots(2)
\]

\[
\text{Specific growth rate} = \frac{(\ln \text{mean final weight} - \ln \text{mean initial weight})}{\text{Duration of the experiment}} \times 100 \quad \ldots(3)
\]

\[
\text{Food conversion ratio (FCR)} = \frac{\text{Weight of feed fed}}{\text{Mean final initial weight} - \text{mean initial weight}} \quad \ldots(4)
\]

\[
\text{Food conversion Efficiency (FCE)} = \frac{\text{Gain in weight of fish}}{\text{Feed Fed}} \quad \ldots(5)
\]
Protein efficiency ratio (PER) = \frac{\text{Weight gain}}{\text{Protein fed} \times \text{Quantity of feed} \times \text{Crude protein of the diet}} \quad \ldots (6)

Statistical Analysis

One-Way Analysis of Variance (ANOVA) was used to analyze the data followed by LSD.

RESULTS AND DISCUSSION

Haematological Observations of *Clarias gariepinus*

Table 1 presents haematological parameters in the blood of *Clarias gariepinus* exposed to sublethal concentrations of mercuric chloride for 56 days. The amounts of haematocrit (Hct), haemoglobin (Hb), red blood cell (RBC), white blood cell (WBC), MCH, MCV and MCHC values fluctuated as the test concentration increased.

Table 1: Effects of Sublethal Concentrations of Mercuric Chloride on Haematological Parameters of *Clarias Gariepinus*

<table>
<thead>
<tr>
<th>Haematological Parameters</th>
<th>Treatments (mg/l)</th>
<th>p-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(Control)</td>
<td>Treatment 1</td>
</tr>
<tr>
<td>PCV (%)</td>
<td>37.50±0.50a</td>
<td>21.50±0.50b</td>
</tr>
<tr>
<td>HB (g/dL)</td>
<td>12.20±0.10f</td>
<td>7.35±0.15e</td>
</tr>
<tr>
<td>WBC (x10^9/L)</td>
<td>11.20±0.10e</td>
<td>2.90±0.10d</td>
</tr>
<tr>
<td>RBC (x10^12/L)</td>
<td>5.15±0.15f</td>
<td>2.45±0.05e</td>
</tr>
<tr>
<td>MCV (fL)</td>
<td>75.50±0.50b</td>
<td>92.30±0.70c</td>
</tr>
<tr>
<td>MCH (pg)</td>
<td>24.25±0.05b</td>
<td>29.50±0.50a</td>
</tr>
<tr>
<td>PLATELET (x10^9/L)</td>
<td>153.50±0.50a</td>
<td>88.50±0.50a</td>
</tr>
<tr>
<td>MCHC (%)</td>
<td>31.85±0.05a</td>
<td>33.25±0.55a</td>
</tr>
</tbody>
</table>

Means on the same row with different superscript are statistically different (P<0.05).

KEYS: Control = 0.00, Trt 1 = 0.02mg/l, Trt 2 = 0.04mg/l, Trt 3 = 0.06mg/l, Trt 4 = 0.08mg/l, Trt 5 = 0.10mg/l

Growth Parameters

The growth performance of *Clarias gariepinus* exposed to sublethal concentration of mercuric chloride is shown on Table 2. There was no significant difference (P>0.05) in the mean initial weight of all fish used in the experiment. However, there was loss of weight in the all treatments and this was manifested in the mean weight gain. The control had the highest Mean Weight Gain (MWG) of 2.47g while treatment 5 had the least Mean Weight Loss of (1.63g). The control had the highest feed conversion ratio, protein efficiency ratio and specific growth rate while Treatment 5 in each of the mentioned parameters was the lowest. The control, treatments 1 and 2 had 100% survival rates while treatments 3, 4 and 5 had 99%, 97% and 97% survival rates, respectively.

Haematological variables have been used as a tool to determine the effect of sublethal concentrations of pollutants on animals (Wedemeyer and Nelson, 1975). The results of the present investigation exhibit that mercuric chloride reduces the RBC’s count drastically and the reduction in number is dosage dependent. Panigrahi and Misra (1987) observed reduction in haemoglobin percentage and RBC count of the fish *Anabas scandens* treated with mercuric...
chloride. Decrease in haemoglobin, Red Blood Cell (RBC) count and haematocrit were observed in fish *Tinca tinca* exposed to mercuric chloride (Shah and Altindag, 2004).

**Table 2:** Growth, Nutrient Utilization of *Clarias gareipinus* Juveniles Exposed to Sub-lethal Concentrations of Mercuric Chloride for Eight Weeks

<table>
<thead>
<tr>
<th>Growth Parameters (g)</th>
<th>Treatments (mg/l)</th>
<th>Control</th>
<th>Treatment 1</th>
<th>Treatment 2</th>
<th>Treatment 3</th>
<th>Treatment 4</th>
<th>Treatment 5</th>
<th>LSD</th>
</tr>
</thead>
<tbody>
<tr>
<td>MIW</td>
<td>29.91±1.65</td>
<td>29.29±1.72</td>
<td>29.96±1.49</td>
<td>28.50±1.03</td>
<td>27.92±1.62</td>
<td>29.58±0.68</td>
<td>-</td>
<td></td>
</tr>
<tr>
<td>MFW</td>
<td>32.38±1.91</td>
<td>28.03±1.69</td>
<td>28.35±1.48</td>
<td>26.64±0.95</td>
<td>26.00±1.69</td>
<td>29.75±0.64</td>
<td>4.01</td>
<td></td>
</tr>
<tr>
<td>MWG</td>
<td>2.47±0.68</td>
<td>-1.26±0.09</td>
<td>-1.61±0.04</td>
<td>-1.86±0.16</td>
<td>-1.92±0.20</td>
<td>-1.63±0.25</td>
<td>0.91</td>
<td></td>
</tr>
<tr>
<td>FCR</td>
<td>0.95±0.20</td>
<td>-1.16±0.10</td>
<td>-0.88±0.04</td>
<td>-0.77±0.08</td>
<td>-0.73±0.08</td>
<td>-0.30±0.49</td>
<td>0.62</td>
<td></td>
</tr>
<tr>
<td>PER</td>
<td>3.26±0.70</td>
<td>-2.04±0.17</td>
<td>-2.58±0.15</td>
<td>-3.08±0.25</td>
<td>-3.52±0.57</td>
<td>-2.61±0.40</td>
<td>1.26</td>
<td></td>
</tr>
<tr>
<td>SGR</td>
<td>0.06±0.01</td>
<td>0.059±0.00</td>
<td>0.059±0.00</td>
<td>0.058±0.00</td>
<td>0.058±0.00</td>
<td>0.059±0.00</td>
<td>0.03</td>
<td></td>
</tr>
<tr>
<td>Survival Rate</td>
<td>100.00</td>
<td>100.00</td>
<td>100.00</td>
<td>99.00</td>
<td>97.00</td>
<td>97.00</td>
<td>0.01</td>
<td></td>
</tr>
</tbody>
</table>

Means on the same row with different superscript are statistically different (*p*<0.05).

**Key**  Control = 0.00, Trt 1 = 0.02mg/l, Trt 2 = 0.04mg/l, Trt 3 = 0.06mg/l, Trt 4 = 0.08mg/l, Trt 5 = 0.10mg/l. MIW=Mean initial weight, MFW=Mean final weight, MWG=Mean weight gain, SGR=Specific growth rate, FCR=Food conversion rate, FCE=Food conversion efficiency, PER=Protein Efficiency Ratio.

From Figure 1, growth was slow between week 1 and week 2, week 3 and 4. The control gave the best Mean Weight Gain, Feed Conversion Ratio, Protein Efficiency Ratio and Specific Growth Rate, all of which were significantly higher (*P*<0.05) than what was obtained in fish exposed to the mercuric chloride. Decline in red blood cell values and anemia were reported in fishes such as *Salvalinus fontinalis* (Holcombe et al. (1979) *Salmo gairdneri* (Johansson-Sjobek and Larson, 1979); *Colisa Fusciatus* (Srivastava and Mishra, 1979); *Barbus conchonius* (Tewari and Gill, 1987) which were exposed to heavy metals. The decline in RBC count in the current study might have resulted from inhibition of RBC manufactured by mercuric chloride. Likewise, Li et al. (2011) report a reduction of total content of RBC in the blood of rainbow trout (*Oncorhynchus mykiss*) exposed to verapamil (VPR), a cardiovascular medicine. *Clarias gareipinus* exposed to mercuric chloride exhibited a decrease in haemoglobin which indicates that mercury caused anaemia. This may be due to the decreased rate of production of RBC or an increased loss of these cells. Kumar *et al.* (1999) observed decline in haemoglobin of *Heteropneus fossilis* after 30 days exposure to deltamethrin.
Morsy and Protasowicki (1990) demonstrated cadmium bioaccumulation resulting in reduction of erythrocytes count, haemoglobin contents and haematocrit in comparison to the control. In the present investigation, leucocytes showed greater and quite different pattern of change with the effect of mercuric chloride when compared with erythrocyte level of the control fishes. Blood of all experimental groups contained lower concentration of leucocytes than those of the control.

Physico-Chemical Parameters of Juveniles of *Clarias Gariepinus* to Sub-Lethal Concentrations of Mercuric Chloride

As reported in Table 3, the growth parameters showed an increase in the control group and significant decrease in the exposed ones. Gbem *et al.* (2001) reported that *Clarias gariepinus* growth was reduced as concentration of toxicant increased. The exposure of *Oreochromis niloticus* to Thiobencarp herbicide for 8 weeks revealed that, fish showed a reduction in body weight gain compared to the control group (Hossam *et al.*, 2007). Growth parameters such as specific growth rate (SGR), food conversion efficiency (FCE), protein efficiency ratio (PER), food conversion rate (FCR) decreased with increased concentration of mercuric chloride. Decrease growth rate as observed by Toussain *et al.* (2001) and Onusiriuka (2002) that exposed Japanese Medaka fish and *Clarias gariepinus* to sub-lethal concentrations of chloroform and formalin respectively. Better growths were reported in control group of certain fish than those exposed to toxicants as observed in this study. This might be due to the fact that fish in control were able to utilize the feed.
Table 3: Physico-chemical Parameters of the Test Solution obtained during the Exposure of Juveniles of *Clarias gariepinus* to Sub-lethal Concentrations of Mercuric Chloride

<table>
<thead>
<tr>
<th>Treatment (mg/l)</th>
<th>Total Dissolved Solids (mg/l)</th>
<th>Electrical Conductivity (µS/cm)</th>
<th>pH</th>
<th>Temperature (°C)</th>
<th>Dissolved Oxygen (mg/l)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control</td>
<td>461.50±1.50a</td>
<td>927.00±1.00a</td>
<td>9.30±0.01ab</td>
<td>26.20±0.10as</td>
<td>5.65±0.05sd</td>
</tr>
<tr>
<td>Treatment 1</td>
<td>487.00±2.00b</td>
<td>974.50±3.50b</td>
<td>9.29±0.02a</td>
<td>26.35±0.15as</td>
<td>4.25±0.05c</td>
</tr>
<tr>
<td>Treatment 2</td>
<td>559.00±3.00c</td>
<td>1032.50±3.00c</td>
<td>9.34±0.01b</td>
<td>26.20±0.10as</td>
<td>4.05±0.05c</td>
</tr>
<tr>
<td>Treatment 3</td>
<td>572.00±2.00d</td>
<td>1079.50±1.50d</td>
<td>9.35±0.01c</td>
<td>26.30±0.10as</td>
<td>3.45±0.05b</td>
</tr>
<tr>
<td>Treatment 4</td>
<td>584.00±3.00e</td>
<td>1103.50±2.50e</td>
<td>9.35±0.02c</td>
<td>26.25±0.15as</td>
<td>2.95±0.05a</td>
</tr>
<tr>
<td>Treatment 5</td>
<td>602.00±2.00f</td>
<td>1120.00±1.00f</td>
<td>9.36±0.01c</td>
<td>26.20±0.10as</td>
<td>2.90±0.00a</td>
</tr>
<tr>
<td>LSD</td>
<td>8.023</td>
<td>7.960</td>
<td>0.044</td>
<td>0.412</td>
<td>0.158</td>
</tr>
</tbody>
</table>

Means on the same column with different superscript are statistically different at p<0.05.

Key: Control = 0.00, Treatment 1 = 0.02mg/l, Treatment t 2 = 0.04mg/l, Treatment 3 = 0.06mg/l, Treatment 4 = 0.08mg/l, Treatment = 0.10mg/l

Allen (1994) observed increased WBC count in *Oreochromis aureus* after mercury exposure. The decrease in number of WBC observed in the present study may be attributed to the stimulation of immune system in response to tissue damage caused by mercuric chloride. Dhanekar *et al.* (1985) reported the increase in large lymphocytes, reduction in small lymphocyte and thrombocytes populations as also elevation in monocytes, neutrophils and eosinophils cells in *Heteropneustes fossilis, Channa punctatus* and *Mastacembelus punctalus* on long exposure to least effective concentration of mercuric chloride. The increase in mean corpuscular volume (MCV) in high concentrations can result from an expansion of unripe RBC (Cavalho and Fernandes, 2006). In the present study the increase in MCV in high concentration might be caused by the above reason. The expansion of MCV studied in individuals of *H. malabaricus* exposed to methyl mercury (MeHg) is illustrated by the existence of a larger amount of older or larger red blood cells as reported by (Mazon *et al.*, 2002). Also, MCV was reduced in striped bass exposed to mercury (Dawson, 1982) and in tilapia *Oreochromis aureus* treated with 0.10ppm mercury after 1 week (Stephan, 1982; Allen, 1994). The fluctuation in Mean Corpuscular Haemoglobin (MCH) and Mean Corpuscular Haemoglobin Concentration (MCHC) values found in this study was 32.5pg and 33.5%, respectively.

Annune and Ahuma, (1993) found there was an increase in MCH and MCHC observed when *Oreochromis niloticus* were exposed to zinc. But different with the finding of Korisiakpere *et al.* (2007) who reported that, potassium permanganates can adversely affects haematology of fish at 19.25 and 13.60mg/l for *Clarias gariepinus* exposed to sub-lethal concentration. The fluctuations in the MCH and MCHC in the present study, indicates that the concentration of the haemoglobin in the RBC were much lower in the exposed fish than in the control fish as reported by Bhagwart and Bhikaje (2002).

Nanda and Behera (1996) have studied the significant reduction of red blood cell counts in *Anabas testudineous* and *Heteropneustes fossilis* exposed to cadmium and nickel respectively and they have suggested that reduction in RBC count might be due to disturbance in the metabolism of the haemopoietic organs.

Decline in Haemoglobin and haematocrit was observed in *Channa punctatus* exposed to mercury (Sastry and Sharma, 1980). Kumar *et al.* (1999) observed decline in haemoglobin of *H. fossilis* after 30 days exposure to deltamethrin. Morsy and Protasowicki (1990) demonstrated cadmium bioaccumulation resulting in reduction of erythrocyte count,
haemoglobin content and haematocrit in compassion to the control. White blood cells play major role in the defence mechanism of fish. They consist of granulocytes, n monocytes, lymphocytes and thrombocytes.

CONCLUSION AND RECOMMENDATION
The study concludes as follows:

i. Haematological indices of fish, caused by mercuric chloride toxicity to *Clarias gariepinus*, can be secondary responses to toxicants, including exposure to low concentrations of heavy metals, which reflect the launch of stress reaction in the affected fish.

ii. Growth parameters such as specific growth rate (SGR), food conversion efficiency (FCE), protein efficiency ratio (PER), food conversion rate (FCR) decreased with increased concentration of mercuric chloride.

iii. The physico-chemical parameters of water such as Temperature, dissolved oxygen, pH, electrical conductivity and total dissolved solids were normal and within acceptable limits.

Based on the findings, the study recommends timely fish fed since time was a strong dependent variable in all the treatment, so as increase concentration of mercuric chloride increased.

REFERENCES


